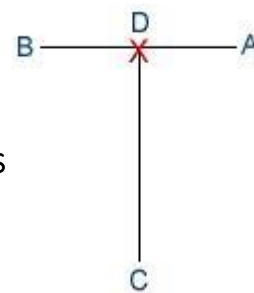


# GRADING INFORMATION FOR 2<sup>nd</sup> DAN TO 3<sup>rd</sup> DAN

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## THEORY

KO DANG - IS THE PSEUDONYM OF THE PATRIOT CHO MAN SIK WHO DEDICATED HIS LIFE TO THE KOREAN INDEPENDENCE MOVEMENT AND THE EDUCATION OF THE KOREAN PEOPLE . THE 39 MOVEMENTS SIGNIFY HIS YEARS OF IMPRISONMENT AND HIS BIRTH PLACE ON THE 39<sup>th</sup> PARALLEL.



## STANCES IN KO DANG

CLOSED READY STANCE C  
SITTING STANCE  
L STANCE  
BENDING READY STANCE B  
REAR FOOT STANCE  
X-STANCE

MOA JUNBI SOGI C  
ANNUN SOGI  
NUINJA SOGI  
GUBRYO JUNBI SOGI B  
DWIT BAL SOGI  
KYOCHA SOGI

## BLOCKS IN KO DANG

MIDDLE PUSHING BLOCK  
MIDDLE FOREARM GAURDING BLOCK  
LOW OUTER F/ARM BLOCK  
MIDDLE INNER F/ARM BLOCK  
MIDDLE KNIFE HAND BLOCK  
PRESSING BLOCK  
DOWNWARD BLOCK  
UPWARD PALM BLOCK  
KNIFEHAND RISING BLOCK  
LOW KNIFEHAND GAURDING BLOCK  
MIDDLE KNIFEHAND GAURDING BLOCK  
HIGH OUTER FOREARM BLOCK  
HIGH KNIFEHAND GAURDING BLOCK

KAUNDE SONBADAK MIRO MAKGI  
KAUNDE PALMOK DAEBI MAKGI  
NAJ BAKAT PALMOK MAKGI  
KAUNDE AN PALMOK MAKGI  
KAUNDE SONKAL MAKGI  
NOOLYO MAKGI  
NAERYO MAKGI  
OLLYO SONBADAK MAKGI  
SONKAL CHOOKYO MAKGI  
NAJ SONKAL DAEBI MAKGI  
KAUNDE SONKAL DAEBI MAKGI  
NOP BAKAT PALMOK MAKGI  
NOP SONKAL DAEBI MAKGI

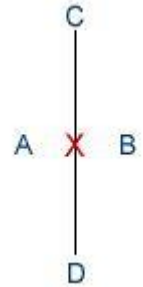
## ATTACKS IN KO DANG

MIDDLE PUNCH  
MIDDLE REV SIDE KICK  
DOWNWARD ELBOW THRUST  
MIDDLE FRONT SNAP KICK  
TWIN KNIFEHAND STRIKE  
DOWNWARD PUNCH  
HIGH SIDE BACK FIST STRIKE  
UPSET PUNCH  
MIDDLE CRESENT KICK  
CROSSCUT FLAT FINGER TIP

KAUNDE AP JURIGI  
KAUNDE BANDAE YOP CHAGI  
NAERYO PALKUP TULGI  
KAUNDE AP CHAJURIGI  
SANG SONKAL TAERIGI  
NAERYO JIRUGI  
NOP YOP DUNG JOOMUK TAERIGI  
DWIJIBO JIRUGI  
KAUNDE BANDAL CHAGI  
OPUN SONKUT

## GRADING INFORMATION FOR 2<sup>nd</sup> DAN TO 3<sup>rd</sup> DAN

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### THEORY

EUI AM – IS THE PSEUDONYM OF THE PATRIOT SON BYONG-HI WHO WAS THE LEADER OF THE KOREAN INDEPENDENCE MOVEMENT ON MARCH 1<sup>st</sup> 1919. THE PATTERNS 45 MOVEMENTS RELATE TO HIS AGE WHEN HE CHANGED THE NAME OF THE RELIGIOUS SECT KNOWN AS **DONG HAK <ORIENTAL CULTURE> TO CHONDO KYO <HEAVENLY WAY RELIGION>** IN 1905. THE PATTERNS MOVEMENT PLAN SYMBOLISES HIS INDOMITABLE SPIRIT, DISPLAYED WHILE DEDICATING HIMSELF TO THE PROSPERITY OF HIS NATION.

### STANCES IN EUI AM

CLOSED READY STANCE D	MOA JUNBI SOGI D
WALKING STANCE	GUNNAN SOGI
X-STANCE	KYOCHA SOGI
L STANCE	NUINJA SOGI
SITTING STANCE	ANNUN SOGI
PARRALLEL STANCE	NARANI SOGI
REAR FOOT STANCE	DWIT BAL SOGI

### BLOCKS IN EUI AM

LOW INWARD KNIFEHAND BLOCK	NAJ ANERO SONKAL MAKGI
HIGH OUTER FOREARM BLOCK	NOP BAKAT PALMOK MAKGI
DOWNWARD X-FIST BLOCK	NAERYO KYOCHA JOOMUK MAKGI
KNIFEHAND RISING BLOCK	SONKAL CHOOKYO MAKGI
MIDDLE KNIFEHAND WEDGING BLOCK	KAUNDE SONKAL HECHYO MAKGI
KNIFEHAND CIRCULAR BLOCK	SONKAL DOLIMYO MAKGI
DOWNWARD DOUBLE PALM BLOCK	DOO SONBADAK NAERYO MAKGI
LOW INWARD REV KNIFEHAND BLOCK	NAJ ANERO SONKAL DUNG MAKGI
MIDDLE F/ARM GAURDING BLOCK	KAUNDE PALMOK DAEBI MAKGI
LOW KNIFEHAND BLOCK	NAJUNDE SONKAL MAKGI

### ATTACKS IN EUI AM

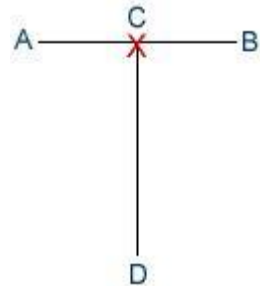
MIDDLE PUNCH	KAUNDE JURIGI
LOW TWISTING KICK	NAJ BITURO CHAGI
HIGH FRT BACK FIST STRIKE	NOP AP DUNG JOOMUK TAERIGI
MIDDLE REV TURNING KICK	KAUNDE BANDAE DOLLYO CHAGI
KNIFEHAND STRIKE	SONKAL TAERIGI
SIDE PIERCING KICK	YOP CHA BUSIGI
HIGH CRESENT PUNCH	NOP BANDAL JURIGI
MIDDLE TURNING PUNCH	KAUNDE DOLLYO JURIGI
HIGH PUNCH	NOP JURIGI

## GRADING INFORMATION FOR 2<sup>nd</sup> DAN TO 3<sup>rd</sup> DAN

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### THEORY

CHOONG JANG - IS THE PSEUDONYM OF GENERAL KIM DUK RYANG OF THE YI DYNASTY WHO LIVED DURING THE FIFTEENTH CENTURY. THE PATTERN ENDS WITH A LEFT HAND ATTACK, INTENDED TO SYMBOLISE THE GENERALS DEATH IN PRISON AT THE AGE OF JUST 27. 52 MOVES.



### STANCES IN CHOONG JANG

CLOSED READY STANCE A	MOA JUNBI SOGI A
SITTING STANCE	ANNUN SOGI
CLOSED STANCE	MOA SOGI
WALKING STANCE	GUNNAN SOGI
L STANCE	NUINJA SOGI
REAR FOOT STANCE	DWIT BAL SOGI

### BLOCKS IN CHOONG JANG

HIGH INNER FOREARM BLOCK	NOP AN PALMOK MAKGI
LOW OUTER F/ARM BLOCK	NAJ BAKAT PALMOK MAKGI
RISING BLOCK	CHOOKYO MAKGI
FOREARM GUARDING BLOCK	PALMOK DAEBI MAKGI
SCOOPING BLOCK	DURO MAKGI
X-FIST PRESSING BLOCK	KYOCHA JOOMUK NOOLLO MAKGI
KNIFEHAND GUARDING BLOCK	SONKAL DAEBI MAKGI
TWIN PALM PRESSING BLOCK	DOO SONBADAK NOOLLO MAKGI
HIGH INWARD F/ARM BLOCK	NOP ANAERO PALMOK MAKGI
LOW KNIFEHAND GUARDING BLOCK	NAJUNDE SONKAL DAEBI MAKGI
NINE SHAPED BLOCK	GUTJA MAKGI
LOW KNIFEHAND BLOCK	NAJUNDE SONKAL MAKGI

### ATTACKS IN CHOONG JANG

DOUBLE FINGER THRUST	DOO SONGARAK TULGI
HIGH FRONT BACKFIST	NOP AP DUNG JOOMUK
MIDDLE PUNCH	KAUNDE JURIGI
LOW FRONT SNAP KICK	NAJ AP CHABUSIGI
HIGH FLAT FINGERTIP THRUST	NOPUNDE OPUN SUNKUT TULGI
HIGH TURNING KICK	NOPUNDE DOLLYO CHAGI
HIGH PUNCH	NOPUNDE JURIGI
SIDE ELBOW STRIKE	YOP PALKUP TAERIGI
KNIFEHAND STRIKE	SONKAL TAERIGI
LOW KNEE STRIKE	NAJUNDE MOORUP CHAGI
SIDE PIERCING KICK	YOP CAHJURIGI
HIGH SIDE BACKFIST	NOP YOP DUNG JOOMUK TAERIGI
HIGH FLAT FINGERTIP THRUST	NOP OPUN SUNKUT TULGI
BACKHAND STRIKE	SONDUNG TAERIGI
HORIZONTAL KNIFEHAND STRIKE	SOOPJONG TAERIGI
ARC HAND STRIKE	BANDAL SON TAERIGI
MIDDLE FRONT SNAP KICK	KAUNDE AP CHABUSIGI
TWIN FOREKNUCKLE FIST	SAN INJI JOOMUK
HIGH PALM STRIKE	NOPUNDE SONBADAK TAERIGI