

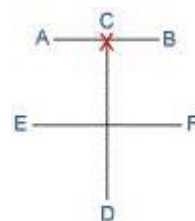
## GRADING INFORMATION FOR 3<sup>RD</sup> KUP RED STRIPE

PRACTICAL – SEE STUDENT HAND BOOK

### THEROY

RED BELT - SIGNIFIES DANGER CAUTIONING THE STUDENT TO EXERCISE CONTROL AND WARNING THE OPPONENT TO STAY AWAY.

TOI-GYE - IS THE PENNAME OF THE NOTED SCHOLER YI HWANG 16<sup>TH</sup> CENTURY AD AN AUTHORITY ON NEO-CONFUCIANISM. THE 37 MOVEMENTS OF THE PATTERN REFER TO HIS BIRTHPLACE ON A 37<sup>o</sup> LATITUDE AND THE DIAGRAM REPRESENTS THE SCHOLER.



### STANCES IN TOI-GYE

CLOSED READY STANCE

MOA JUNBI SOGI

L STANCE

NUINJA SOGI

WALKING STANCE

GUNNAN SOGI

CLOSE STANCE

MOA SOGI

SITTING STANCE

ANNUN SOGI

X STANCE

KYOCHA SOGI

### BLOCKS IN TOI-GYE

MIDDLE SIDE INNER FOREARM BLOCK

KAUNDE YOP AN PALMOK MAKGI

PRESSING X FIST BLOCK

NOOLO KYOCHA JOOMUK MAKGI

W SHAPED BLOCK

SAN MAKGI

LOW DOUBLE FOREARM PUSHING BLOCK

AJ DOO PALMOK MIRO MAKGI

MIDDLE KNIFEHAND GAURDING BLOCK

KAUNDE SONKAL DAEBI MAKGI

HIGH DOUBLE FOREARM BLOCK

NOPUNDE DOO PALMOK MAKGI

LOW KNIFEHAND GAURDING BLOCK

NAJUNDE SONKAL DAEBI MAKGI

CIRCULAR BLOCK

DOLLIMYO MAKGI

### ATTACKS IN TOI-GYE

LOW UPSET FINGERTIP THRUST

NAJUNDE DWIJIBON SONKUP TULGI

HIGH BACK BACKFIST STRIKE

NOPUNDE DWIT DUNG JOOMUK TAERIGI

HIGH TWIN FOREFIST PUNCH

NOPUNDE SANG SEWO JURIGI

MIDDLE FRONT SNAP KICK

KAUNDE APCHA BUSIGI

MIDDLE FOREFIST PUNCH

KAUNDE AP JOOMUK JURIGI

KNEE KICK

MOORUP CHAGI

HIGH FLAT FINGERTIP THRUST

NOPUNDE OPUN SONKUP TULGI

DOUBLE FOREFIST PUNCH

DOO AP JOOMUK JURIGI