

4th DAN LINEWORK

RANGE OF LINEWORK FROM 1ST TO 3RD DAN PATTERNS HERE ARE A FEW IDEAS OF 4TH DAN PATTERN IDEAS THAT MAYBE USED FOR LINEWORK

(F) L.S X KNIFEHAND BLOCK, LEAD LEG FRONT KICK LAND W.S TWIN PUNCH

(B) REVERSE PRESSING BLOCK (SE JONG)

(F) TURNING KICK / BACK KICK COMBO LAND FAGB

(B) L.S INWARD OUTER FOREARM BLOCK SLIP BK FOOT, W.S INWARD LOW PALM BLOCK (OPP HAND)

(F) REAR LEG FRONT KICK LAND W.S REV RISING BLOCK

(B) L.S LOW DOUBLE REV KNIFEHAND BLOCK (TONG IL)

(F) VERTICAL KICK TO OPP PALM LAND L.S BACKHAND STRIKE

(B) OBVERSE UNDERFIST STRIKE, REV PALM STRIKE (TONG IL)

(F) REAR FT STANCE BOW WRIST UPWARD BLOCK

(B) HIGH REV KNIFEHAND STRIKE – OPP HAND COVERING HEAD (UL-JI)

(F) L.S OBVERSE UPSET PUNCH SLIP FRONT FOOT ANGLE FINGER TIP THRUST

(B) JUMPING BACK KICK- LAND W.S DOUBLE FOREARM BLOCK